



Bālars
Whole Foods

GRAINS & BEANS

& Lentils & Legumes.

ITEM	CODE
Azuki Beans, 1 kg	BEANA
Black-Eyed Beans, 1 kg	BEANBEYE
Black Turtle Beans, 1 kg	BEANBT
Dried Cannellini Beans, 1 kg	BEANCA1
Pinto Beans (Chitra), 1 kg	BEANPINTO
Dried Red Kidney Beans, 1 kg	BEANRK1
Dried Blue Peas, 1 kg	PEAB
Great Northern Haricot Beans, 1 kg	BEANH
Pink Beans, 1 kg	BEANPINK
Split Faba Beans (Fava), 1 kg	BEANFABA1
Brown/Black Chana, 1 kg	CHANAB

ITEM	CODE
Chana Dhal, 1 kg	CHANADH1
Chana Dhal, 5 kg	CHANADH5
Chickpeas, 9mm 5 kg	CHIC5
Chickpeas, 9mm 1 kg	CHIC
Popping Corn, 500 g	CORNP2
Cous Cous (Moroccan/Tunisian), 1 kg	COUS
Cous Cous (Israeli), 1 kg	COUS12
Dhal Toor, 1 kg	TOORD1
Split Skinless Dhal Urid, 1 kg	URIDD1
Split Dhal Urid With Skin, 1 kg	URIDDH51
Organic Freekeh, 1 kg	FREE100

ITEM	CODE
Black Beluga Lentils, 1 kg	LENTBB1
Black Beluga Lentils, 25 kg	LENTBB25
Whole Brown & Green Lentils, 1 kg	LENTILB
Split Red Lentils (Masoor Dhal), 1 kg	LENTILR
Split Red Lentils, 5 kg	LENTILR5
Lentils Du Puy, 1 kg	LENTTP
Split Skinless Mung Dhal, 1 kg	MUNGD
Split Skinless Mung Dhal, 5 kg	MUNGDS
Split Mung Dhal With Skin, 1 kg	MUNGDS
Whole Green Mung, 1 kg	MUNGW
Whole Green Mung, 5 kg	MUNGW51
Split Green Peas, 1 kg	PEASGS
Split Yellow Peas, 1 kg	PEAYS
Dried Blue Peas, 1 kg	PEAB
Whole White NZ Peas, 1 kg	PEAYS1
Arborio Rice, 1 kg	RICEA
Biryani Rice, 5 kg	RICEBB05
Basmati Rice, 20 kg	RICEBB20
Rozana Basmati Rice, 20 kg	RICEBB24
Rozana Basmati Rice, 5 kg 4s	RICEBB25
Basmati Rice, 1 kg	RICEBD1
Premium Basmati Rice, 5 kg	RICEBD5
Premium Basmati Rice, 20 kg	RICEBD20

ITEM	CODE
Classic Reserve Basmati Rice, 5 kg	RICEBL6
Sela Basmati Rice (Parboiled), 1 kg	RICEBS1
Sela Basmati Rice (Parboiled), 5 kg	RICEBS
Glutinous White Rice, 1 kg	RICEGW1
Jasmine Rice, 1 kg	RICEJ10
Jasmine Rice, 5 kg	RICEJ5
Brown Jasmine Rice, 1 kg	RICEJB1
Thai Long Grain White Rice, 1 kg	RICEL1
Parboiled Rice, 1 kg	RICEP
Short Grain White Rice, 1 kg	RICES1
Sushi Rice, 1 kg	RICES1K
Wild Black Rice, 1 kg	RICEW
Whole Black Urid, 1 kg	URIDW1
Whole Black Urid, 5 kg	URIDW5

