



Bālars
Whole Foods

FRUITS & NUTS

& Seeds & Cereals.

ITEM	CODE
Whole Red Glace Cherries, 1 kg	CHERBG1
Whole & Broken Red Glace Cherries, 1 kg	CHERBR1
Whole Green Glace Cherries, 1 kg	CHERWG1
Broken Dried Apple Rings, 1 kg	APPLDR
Diced Dried Apricots, 1 kg	APRID
Whole Dried Apricots, 1 kg	APRIW
Sweetened Banana Chips, 1 kg	BANACHIP
Dessicated Coconut Chips, 1 kg	COCODC
Dessicated Coconut (Fancy Shred), 1 kg	COCODFS1
Fine Dessicated Coconut, 1 kg	COCODF
Fine Dessicated Coconut, 3 kg	COCODF3
Medium Dessicated Coconut, 1 kg	COCODM1
Dried Sliced Cranberries, 1 kg	CRANDS1
Dried Whole Cranberries, 1 kg	CRAND
Californian Currants, 1 kg	CURRANT
Dried Chopped Dates, 1 kg	DATEDC1
Dried Chopped Dates, 3 kg	DATEDC3
Whole Pitted Dried Dates, 1 kg	DATE
Whole Dried Dates, 3 kg	DATE3

ITEM	CODE
Dried Turkish Figs, 1 kg	FIGS
Crystallised Ginger, 1 kg	GINGCR
Juniper Berries, 500 g	JUNIPER1
Dried Mango Slices, 1 kg	MANGOSD1
Papaya Chunks, 1 kg	PAPAC
Dried Diced Pineapple, 10mm 1 kg	PINED
Dried Peaches, 1 kg	PEACHD
Mixed New Season Fruit Peels. 1 kg	PEEL
Fruit Cake Mix, 1 kg	CAKEMIX
Dried Pitted Elliot Prunes, 1 kg	PRUNED
Golden Round Raisins, 1 kg	RAISIN131
TSR Select Raisins, 1 kg	RAISIN
Washed Turkish Sultanas, 1 kg	SULT
Organic Amaranth, 1 kg	AMARO
Hulled Buckwheat, 1 kg	BUCK
Coarse Bulghur Wheat, 1 kg	BULGC
Fine Bulghur Wheat, 1 kg	BULGF
Hemp Seed Kernels, 1 kg	HEMPS1
Linseeds (Flax), 1 kg	LINSEED

ITEM	CODE
Morio Seeds, 1 kg	MORIO1
Coarse Polenta (Corn Grits), 1 kg	POLE
Fine Polenta, 1 kg	POLE1
Blue Poppy Seeds, 1 kg	POPPB
Blue Poppy Seeds, 5 kg	POPPB5
White Poppy Seeds, 1 kg	POPPW
Pumpkin Seeds (A-Grade), 1 kg	PUMPS
Pumpkin Seeds, 400 g	PUMPS2
Whole White Quinoa, 1 kg	QUINOA1
Red Bio Quinoa, 400 g	QUINOA400
Small Sago, 1 kg	SAGOS1
Coarse Semolina, 1 kg	SEMOC1
Coarse Semolina, 5 kg	SEMOC5
Coarse Semolina, 10 kg	SEMOC10
Semolina Fine 1kg	SEMOF
Semolina Fine 5kg	SEMOF5
Hulled White Sesame Seeds, 1 kg	SESS
Hulled White Sesame Seeds, 5 kg	SESS5
Black Sesame Seeds, 500 g	SESSB5001
Black Sesame Seeds, 1 kg	SESSB1
Natural Brown Sesame Seeds, 1 kg	SESSN
Sunflower Seeds, 400 g	SUNS2
Sunflower Seeds, 1 kg	SUNS1
Watermelon Seeds (Magajtari), 1 kg	WATS1
Blanched Almond Grounds, 200 g	ALMOBG12
Blanched Almond Grounds, 1 kg	ALMOBG
Blanched Sliced Almonds, 1 kg	ALMOBS
Blanched Slivered Almonds, 200 g	ALMOBSL12
Blanched Slivered Almonds, 1 kg	ALMOBSL
Whole Roasted Almonds, 1 kg	ALMONR
Whole Blanched Almonds, 1 kg	ALMOBW
Sliced Natural Almonds, 200 g	ALMOBSL13
Sliced Natural Almonds, 1 kg	ALMONS
Tamari Roasted Almonds, 5 kg	ALMONT5
Whole Natural Almonds, 400 g	ALMONW21
Whole Natural Almonds, 1 kg	ALMONW
Whole Natural Almonds, 5 kg	ALMONW5
Brazil Nuts, 1 kg	BRAZ
Whole Cashews, 400 g	CASHEW004
Whole Cashews, 1 kg	CASH450
Small Cashew Pieces (SWP), 1 kg	CASHEWSP1

ITEM	CODE
Large Cashew Pieces (LWP), 1 kg	CASHLWP
Roasted & Salted Cashews, 400 g	CASHEW003
Roasted & Salted Cashews, 1 kg	CASHRS
Roasted & Salted Cashews, 5 kg	CASHRS5
Roasted & Salted Cashews, 10 kg	CASHRS10
Black Chia Seeds. 200 g	CHIAB12
Natural Hazelnuts, 1 kg	HAZEL
Natural Hazelnuts, 15 kg	HAZEL12
Natural Hazelnut Ground, 1 kg	HAZELP
Half & Whole Macadamias (Style #4), 1 kg	MACA
Whole Macadamias (Style #1), 1 kg	MACAW1
Blanched Raw Peanuts, 400 g	PEANUTB3
Blanched Raw Peanuts, 1 kg	PEANUTB
Chopped Peanuts (Granulated), 1 kg	PEANUTCH
Natural Raw Skin On Peanuts, 35/40 1 kg	PEANUTN
Natural Raw Peanuts, 35/40 3 kg	PEANUTN3
Natural Raw Peanuts, 5 kg	PEANUTN5
Natural Peanuts, 400 g	PEANUTN4
Roasted Peanuts (In-Shell), 200 g x 30	PEANUTR201
Roasted & Salted Peanuts, 1 kg	PEANUTRS
Roasted & Salted Peanuts, 5 kg	PEANUTRS5
Pecan Halves, 1 kg	PECANH
Roasted & Salted Medium Pecan Pieces, 1 kg	PECANM2
A-Grade Pine Nuts, 500 g	PINEN500
A-Grade Pine Nuts, 5 kg	PINEN5
Pistachio Kernels, 200 g	PISTN12
Natural Pistachio Kernels, 1 kg	PISTN
Roasted & Salted Pistachios With Shell, 400 g	PISTN14
Roasted & Salted Pistachios With Shell, 500 g	PISTRS1
Roasted & Salted Pistachios With Shell, 1 kg	PISTRS
Select Grade Walnut Halves, 1 kg	WALNH
80% Walnut Halves, 400 g	WALNH18
Walnut Pieces (Quarters), 1 kg	WALNP
Pickled Walnut (Kernels), 1 kg	WALNPICK1
Highland Toasted Muesli, 3 kg	MUESLIT3
Jumbo Rolled Oats, 1 kg	OATS
Quick Cook Oats, 1 kg	OATSQC
Steel Cut Oats, 1 kg	OATSC1
Cornflakes, 1 kg	CORNFL
Baker's Bran, 1 kg	BRANB
Whole White Hulled Millet, 1 kg	MILLH1